

# Top 5 Etiquette Tips

## **Choose to be mindful.**

Be aware of the immediate needs of those around you. This awareness may call for you to hold a door for someone, pass the bread, introduce yourself or someone else. Demonstrating that you know what to do and how to handle yourself shows you care.

## **Show respect always.**

This requires knowing what respect looks like to other people and in an array of situations. It typically shows up as courtesy and kindness, but always helps you comfortably interact with everyone you meet.

## **Give up the habit of complaining.**

Etiquette doesn't allow for it. Stepping aside from being dramatic and emphatic will open up more time to practice your good habits of listening and learning.

## **Aim to learn what is appropriate.**

Etiquette guidelines are situational. Learning and being mindful of the rules that apply to your lifestyle, and potential circumstances in which you may find yourself, will put you ahead of the curve.

## **Include a daily dose of small talk in your social diet.**

Consciously create meaningful interactions with people you encounter - whether in a cashier line, going for a walk, or at a social gathering. Intentionally treating others as you would hope to be treated is what small talk helps achieve.